



# IMPACT

## ATHLETICS

2024-2025

# SEASON IV



# SMALL GYM BIG IMPACT

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We appreciate your interest in our competitive cheerleading program at Impact Athletics. Since our establishment in 2021, we've been known for our excellence and fostering a family-like environment. Our goal is to instill IA family values and competitive excellence in our young athletes, helping them grow not only as athletes, but also as remarkable individuals. We are thrilled that you are considering joining us for Season 4, and we look forward to having you in our family.

*Hailey Guthrie*

**OWNER**

Hailey is a cheerleading and tumbling coach with 14 years of experience in the field. She started coaching in her front yard, and opened her first cheerleading gym when she was only 20. She is a



loving wife and a mother to two daughters. Hailey enjoys spending time with her family and cherishes the relationships she has built with the families she has coached over the years. "My favorite part about coaching is hands down, the families that I have met along the way. I am blessed to be a part of a gym culture that values each other the way that we do here with these families."

*Angela Garza*

**OWNER**

Angela started coaching at Hailey's first cheer gym during her senior year, and has been with her ever since. She's a proud pet mama of three pets – and is excited to welcome her first baby with her husband very soon. Angela loves to spend her free time with her family and friends.



"The best part of coaching is the relationships formed with athletes, their families, and the team, creating a cherished gym family."

*Testimonials...*

We love Impact Athletics!!! The best coaches! They are like family to us!!!

*-Amber Jackson*

Hailey and Angela have been coaching my daughters since 2018. They have truly loved on my children and helped them become not only better athletes, but better humans! They have become part of our family!

*-Shawna Hyde*

Couldn't think of another gym I would want my daughter being part of! It's family there.

*-Crissie Kayser*



# SMALL GYM BIG IMPACT PROGRAM COMPARISON

PROGRAM SELCTION	AGE	SEASON	PRACTICE HOURS P/WEEK	UNIFORM COST	TRAVEL	TEAM PLACEMENT EVALUATIONS
SHOWTEAM	3-6	JUN-APR	1.5hr	\$450	YES	NO
NOVICE	5-15	JUN-APR	2hr	\$450	YES	YES
PREP	5-15	JUN-APR	3hr	\$450	YES	YES
ELITE	5-15	JUN-APR	3hrs	\$450	YES	YES
CHEER ABILITIES	3+	JUN-APR	45mins	\$450	YES	NO
RECREATIONAL	5-12	JUN-NOV DEC-MAY	1.5hrs	\$175	NO	NO

## *Why Impact?*

- Payment options to meet everyone needs
- Discounts/Fundraising
- Limited Travel
- Teams for everyone
- Family atmosphere
- Highly trained staff

## *Show Team*

This division is the ideal starting point for those interested in all-star cheerleading. Show team is non-competitive, and coaches may be on the mat with the young performers during their routines.

## *Novice*

The Novice division is an excellent option for both beginners and experienced athletes looking to improve their technique and performance skills in all-star cheer. Unlike other divisions that compete for placements, Novice Teams compete for rankings at competitions.

## *Prep*

Prep teams are designed for athletes who have a background in cheerleading. The focus is on technique while also highlighting the showmanship of each athlete. Typically, athletes spend several years on the prep teams before advancing to the elite team.

## *Elite*

Elite Teams require athletes to have extensive cheer training and excellent technical ability. This division is designed for individuals who are looking for an intense and highly competitive performance level.

## *Cheerabilites*

Our Cheerabilities team, Legacy, welcomes all athletes ages 3 and up with disabilities or special needs. This team practices once a week and will perform at the same competitions as our other competitive teams. Legacy is truly one of a kind and we assure you that you will never see a more heart-warming performance!

## *Recreational*

Our recreational cheer teams are for athletes who are looking for the competitive style training without the commitment of a competitive cheer team. This team has half year seasons with practices once a week. They will have 2-3 local performances and will not actually compete. For more information about our recreational cheer program, please visit [www.impactath.com/recreational-cheer](http://www.impactath.com/recreational-cheer)



# SMALL GYM BIG IMPACT

## TEAM PLACEMENTS

**MAY 18TH**

1

### EVALUATIONS DAY 1

Day 1 evaluations will focus on tumbling and jumps. Athletes will be divided up amongst the floor and will demonstrate their skills. Evaluations will last an about an hour and a half.

**MAY 19TH**

2

### EVALUATIONS DAY 2

Day 2 evaluations will focus on stunting. Coaches will divide all athletes up into different groups, and have the athletes showcase their stunting skills in different groups.

**MAY 23RD**

3

### TEAM ANNOUNCEMENTS

Coaches will use the next few days to put together the teams, and they will be announced via email. Team placements are final once posted.

**MAY 31ST**

4

### COMMITMENT DAY/ UNIFORM FITTINGS

After teams are announced, you will have ten days to decide if you will commit to the Impact Athletics 2024-2025 season. Commitment day will be held at the gym. All paperwork for the upcoming season will be filled out, contracts will be signed, and notarized on commitment day. We will also have uniform sizers available on hand, limited-edition pro-shop items available, and fun activities for the athletes.

### THINGS TO KEEP IN MIND...

Our highly trained coaches want the best for your athlete, just like you! That's why we know you will trust us to do our job while you sit back and enjoy the season! Many factors go into team placements. Some of these factors include tumbling, stunting, experience, maturity, ability to memorize choreography, and showmanship. Each athlete will be placed where we as coaches feel they will succeed.

### TRYOUT CHECKLIST

- \$200 deposit & \$25 evaluation team placement fee paid. ....
- Participation Waiver .....
- Team Placement Packet turned in. ....
- Attend an in person parent meeting. ....
- POSITIVE ATTITUDE .....



# SMALL GYM BIG IMPACT FINANCIALS

## TUITION

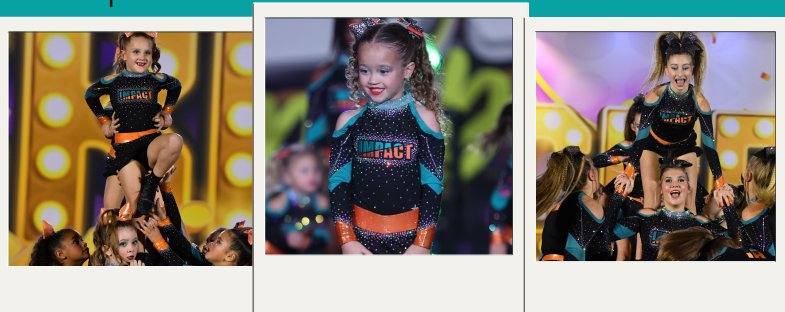
Our tuition fees are paid monthly per athlete, covering all team practices. The payment schedule this year will run on an 11-month term, commencing from 06/01/24 to 04/31/25. Payments must be made on the 1st or 15th of every month for the upcoming month and are automatically processed through Jack Rabbit, our class management software. There is no penalty for early payments. However, a late fee of \$15 will be charged on the 10th or 16th of each month for any overdue payments. Failure to keep up with payments may result in the athlete being dropped from the program. In such cases, full payment must be made before the athlete may return to practice or competition.

It's important to note that all tuition fees must be current before an athlete can participate in any team activities or collect any uniforms, clothing, or other items. Please be informed that we do **NOT** offer refunds for any reason.

## FUNDRAISERS

Impact Athletics offers fundraisers. These do involve extra work outside of cheer but we have seen people pay for an entire season of cheer! We strongly suggest you participate in fundraising.

- 3-5 fundraising opportunities
- Credits will go directly to your account.
- Any surplus in fundraising credit can be applied to classes, teams and merchandise.
- Refund checks cannot be issued in the event of a surplus.



## ASSESSMENTS

Assessments are the fees paid by the gym to external vendors. We offer various payment options to ease your payment of these assessments. These options include Pay in Full, 3-month, 6-month, or 10-month payment plans. Upon registration, a down payment of \$200 is required. The first assessment payment is due on the day of team commitment. Please note that assessments are **non-refundable** and **non-transferable**.

Assessment fees include Competition Fees, Choreography Fees, Camp Fees, Music Fees, Coaches Travel Fees, Team Bonding Activities, and End of The Year Banquet. Athletes are responsible for paying their own The Open/USASF Membership fee, where applicable.

## DISCOUNTS

- Sibling discount: 20% off tuition
- Crossover tuition: \$30
- Birthday Parties: \$30 off allstar athletes birthday parties.
  - Discount may not be used for siblings.
  - Limit one discount per athlete per year
  - You must notify your party host to redeem discount at checkout.



# SHOW TEAM FINANCIALS

SHOW TEAM MONTHLY TUITION			
REGISTRATION	EARLY BY MARCH 15	ON-TIME MARCH 16- MAY 18	LATE AFTER MAY 19TH
AMOUNT	\$95	\$105	\$115
<b>Total Tuition</b> (11 Months) June -April	\$1,045	\$1,155	\$1,265

Fee	10 Month Assessment Option			6 Month Assessment Option			3 Month Assessment Option			Pay In Full Option		
Assessment Total	\$876			\$854			\$832			\$730		
Minus Down Payment-Due Upon Registration (THE REMAINING \$530 FOR THE PAY IN FULL OPTION IS DUE BY JUNE 1ST)	\$200			\$200			\$200			\$200		
Assessment Monthly Payments	\$68			\$109			\$211			\$0		
<b>Season Total (Tuition+Assessments)</b>												
Registration	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late
Season Total	\$1,921	\$2,031	\$2,141	\$1,899	\$2,009	\$2,119	\$1,877	\$1,987	\$2,097	\$1,775	\$1,885	\$1,995

### Payment Break Down By Month

Assessment Option	10 Month Option			6 Month Option			3 Month Option		
Registration	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late
June	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	A: \$109 T: \$95	A: \$109 T: \$105	A: \$109 T: \$115	A: \$211 T: \$95	A: \$211 T: \$105	A: \$211 T: \$115
July	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	A: \$109 T: \$95	A: \$109 T: \$105	A: \$109 T: \$115	A: \$211 T: \$95	A: \$211 T: \$105	A: \$211 T: \$115
August	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	A: \$109 T: \$95	A: \$109 T: \$105	A: \$109 T: \$115	A: \$211 T: \$95	A: \$211 T: \$105	A: \$211 T: \$115
September	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	A: \$109 T: \$95	A: \$109 T: \$105	A: \$109 T: \$115	T: \$95	T: \$105	T: \$115
October	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	A: \$109 T: \$95	A: \$109 T: \$105	A: \$109 T: \$115	T: \$95	T: \$105	T: \$115
November	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	A: \$109 T: \$95	A: \$109 T: \$105	A: \$109 T: \$115	T: \$95	T: \$105	T: \$115
December	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	T: \$95	T: \$105	T: \$115	T: \$95	T: \$105	T: \$115
January	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	T: \$95	T: \$105	T: \$105	T: \$95	T: \$105	T: \$115
February	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	T: \$95	T: \$105	T: \$105	T: \$95	T: \$105	T: \$115
March	A: \$68 T: \$95	A: \$68 T: \$105	A: \$68 T: \$115	T: \$95	T: \$105	T: \$105	T: \$95	T: \$105	T: \$115
April	T: \$95	T: \$105	T: \$105	T: \$95	T: \$105	T: \$105	T: \$95	T: \$105	T: \$115

A= Assessments, T=Tuition

ASSESSMENTS INCLUDE	
COMPETITION FEES	\$400
HAIR ACCESSORIES	\$35
TEAM SHIRT	\$25
MUSIC	\$50
COACHES FEES	\$120
TEAM ACTIVITY FEE	\$100
<b>TOTAL</b>	<b>\$730</b>



# NOVICE FINANCIALS

NOVICE MONTHLY TUITION			
REGISTRATION	EARLY BY MARCH 15	ON-TIME MARCH 16- MAY 18	LATE AFTER MAY 19TH
AMOUNT	\$110	\$120	\$130
<b>Total Tuition</b> (11 Months) June -April	\$1,210	\$1,320	\$1,430

Fee	10 Month Assessment Option			6 Month Assessment Option			3 Month Assessment Option			Pay In Full Option		
Assessment Total	\$1,236			\$1,205			\$1,174			\$1,030		
Minus Down Payment-Due Upon Registration <b>(THE REMAINING \$530 FOR THE PAY IN FULL OPTION IS DUE BY JUNE 1ST)</b>	\$200			\$200			\$200			\$200		
Assessment Monthly Payments	\$104			\$168			\$325			\$0		
<b>Season Total Tuition+Assessments</b>												
Registration	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late
<b>Season Total</b>	<b>\$2,446</b>	<b>\$2,556</b>	<b>\$2,710</b>	<b>\$2,415</b>	<b>\$2,525</b>	<b>\$2,679</b>	<b>\$2,384</b>	<b>\$2,494</b>	<b>\$2,648</b>	<b>\$2,240</b>	<b>\$2,350</b>	<b>\$2,504</b>

### Payment Break Down By Month

Assessment Option	10 Month Option			6 Month Option			3 Month Option		
Registration	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late
June	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	A: \$168 T: \$110	A: \$168 T: \$120	A: \$168 T: \$130	A: \$325 T: \$110	A: \$325 T: \$120	A: \$325 T: \$130
July	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	A: \$168 T: \$110	A: \$168 T: \$120	A: \$168 T: \$130	A: \$325 T: \$110	A: \$325 T: \$120	A: \$325 T: \$130
August	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	A: \$168 T: \$110	A: \$168 T: \$120	A: \$168 T: \$130	A: \$325 T: \$110	A: \$325 T: \$120	A: \$325 T: \$130
September	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	A: \$168 T: \$110	A: \$168 T: \$120	A: \$168 T: \$130	T: \$110	T: \$120	T: \$134
October	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	A: \$168 T: \$110	A: \$168 T: \$120	A: \$168 T: \$130	T: \$110	T: \$120	T: \$134
November	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	A: \$168 T: \$110	A: \$168 T: \$120	A: \$168 T: \$130	T: \$110	T: \$120	T: \$134
December	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	T: \$110	T: \$120	T: \$134	T: \$110	T: \$120	T: \$134
January	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	T: \$110	T: \$120	T: \$134	T: \$110	T: \$120	T: \$134
February	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	T: \$110	T: \$120	T: \$134	T: \$110	T: \$120	T: \$134
March	A: \$104 T: \$110	A: \$104 T: \$120	A: \$104 T: \$130	T: \$110	T: \$120	T: \$134	T: \$110	T: \$120	T: \$134
April	T: \$110	T: \$120	T: \$130	T: \$110	T: \$120	T: \$134	T: \$110	T: \$120	T: \$134

A= Assessments, T= Tuition

ASSESSMENTS INCLUDE	
COMPETITION FEES	\$450
HAIR ACCESSORIES	\$35
TEAM SHIRT	\$25
CHOREOGRAPHY	\$200
CAMP	\$50
MUSIC	\$50
COACHES FEES	\$120
TEAM ACTIVITY FEE	\$100
<b>TOTAL</b>	<b>\$1,030</b>





# CHEERABILITIES FINANCIALS

CHEERABILITIES MONTHLY TUITION			
REGISTRATION	EARLY BY MARCH 15	ON-TIME MARCH 16- MAY 18	LATE AFTER MAY 19TH
<b>AMOUNT</b>	\$40	\$45	\$50
<b>Total Tuition</b> (11 Months) June -April	\$440	\$495	\$550

Fee	10 Month Assessment Option	6 Month Assessment Option	3 Month Assessment Option	Pay In Full Option								
Assessment Total	\$396	\$386	\$376	\$330								
Minus Down Payment-Due Upon Registration (THE REMAINING \$280 FOR THE PAY IN FULL OPTION IS DUE BY JUNE 1ST)	\$50	\$50	\$50	\$50								
Assessment Monthly Payments	\$35	\$56	\$109	\$0								
<b>Season Total : Tuition+Assessments</b>												
Registration	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late
<b>Season Total</b>	<b>\$836</b>	<b>\$891</b>	<b>\$946</b>	<b>\$826</b>	<b>\$881</b>	<b>\$936</b>	<b>\$816</b>	<b>\$871</b>	<b>\$926</b>	<b>\$770</b>	<b>\$825</b>	<b>\$880</b>

**Payment Break Down By Month**

Assessment Option	10 Month Option			6 Month Option			3 Month Option		
Registration	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late
July	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	A: \$56 T: \$40	A:\$56 T:\$45	A: \$56 T: \$50	A: \$109 T: \$40	A:\$109 T:\$45	A: \$109 T: \$50
June	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	A: \$56 T: \$40	A:\$56 T:\$45	A: \$56 T: \$50	A: \$109 T: \$40	A:\$109 T:\$45	A: \$109 T: \$50
August	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	A: \$56 T: \$40	A:\$56 T:\$45	A: \$56 T: \$50	A: \$109 T: \$40	A:\$109 T:\$45	A: \$109 T: \$50
September	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	A: \$56 T: \$40	A:\$56 T:\$45	A: \$56 T: \$50	T: \$40	T: \$45	T: \$50
October	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	A: \$56 T: \$40	A:\$56 T:\$45	A: \$56 T: \$50	T: \$40	T: \$45	T: \$50
November	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	A: \$56 T: \$40	A:\$56 T:\$45	A: \$56 T: \$50	T: \$40	T: \$45	T: \$50
December	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	T: \$40	T: \$45	T: \$50	T: \$40	T: \$45	T: \$50
January	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	T: \$40	T: \$45	T: \$50	T: \$40	T: \$45	T: \$50
February	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	T: \$40	T: \$45	T: \$50	T: \$40	T: \$45	T: \$50
March	A: \$35 T: \$40	A:\$35 T:\$45	A: \$35 T: \$50	T: \$40	T: \$45	T: \$50	T: \$40	T: \$45	T: \$50
April	T: \$40	T: \$45	T: \$50	T: \$40	T: \$45	T: \$50	T: \$40	T: \$45	T: \$50

A= Assessments. T= Tuition

ASSESSMENTS INCLUDE	
HAIR ACCESSORIES	\$35
TEAM SHIRT	\$25
MUSIC	\$50
COACHES FEES	\$120
TEAM ACTIVITY FEE	\$100
<b>TOTAL</b>	<b>\$330</b>



# PREP/ELITE FINANCIALS

PREP/ELITE MONTHLY TUITION			
REGISTRATION	EARLY BY MARCH 15	ON-TIME MARCH 16- MAY 18	LATE AFTER MAY 19TH
AMOUNT	\$125	\$135	\$145
<b>Total Tuition</b> (11 Months) June -April	\$1,375	\$1,485	\$1,595

Fee	10 Month Assessment Option			6 Month Assessment Option			3 Month Assessment Option			Pay In Full Option		
Assessment Total	\$1,542			\$1,503			\$1,465			\$1,285		
Minus Down Payment-Due Upon Registration (THE REMAINING \$1085 FOR THE PAY IN FULL OPTION IS DUE BY JUNE 1ST)	\$200			\$200			\$200			\$200		
Assessment Monthly Payments	\$134			\$217			\$422			\$0		
Season Total: Tuition+Assessments												
Registration	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late
<b>Season Total</b>	<b>\$2,917</b>	<b>\$3,027</b>	<b>\$3,137</b>	<b>\$2,878</b>	<b>\$2,988</b>	<b>\$3,098</b>	<b>\$2,840</b>	<b>\$2,950</b>	<b>\$3,060</b>	<b>\$2,660</b>	<b>\$2,770</b>	<b>\$2,880</b>

### Payment Break Down By Month

Assessment Option	10 Month Option			6 Month Option			3 Month Option		
	Early	On Time	Late	Early	On Time	Late	Early	On Time	Late
<b>Registration</b>									
June	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	A: \$217 T: \$125	A: \$217 T: \$135	A: \$217 T: \$145	A: \$422 T: \$125	A: \$422 T: \$135	A: \$422 T: \$145
July	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	A: \$217 T: \$125	A: \$217 T: \$135	A: \$217 T: \$145	A: \$422 T: \$125	A: \$422 T: \$135	A: \$422 T: \$145
August	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	A: \$217 T: \$125	A: \$217 T: \$135	A: \$217 T: \$145	A: \$422 T: \$125	A: \$422 T: \$135	A: \$422 T: \$145
September	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	A: \$217 T: \$125	A: \$217 T: \$135	A: \$217 T: \$145	T: \$125	T: \$135	T: \$145
October	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	A: \$217 T: \$125	A: \$217 T: \$135	A: \$217 T: \$145	T: \$125	T: \$135	T: \$145
November	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	A: \$217 T: \$125	A: \$217 T: \$135	A: \$217 T: \$145	T: \$125	T: \$135	T: \$145
December	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	T: \$125	T: \$135	T: \$145	T: \$125	T: \$135	T: \$145
January	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	T: \$125	T: \$135	T: \$145	T: \$125	T: \$135	T: \$145
February	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	T: \$125	T: \$135	T: \$145	T: \$125	T: \$135	T: \$145
March	A: \$134 T: \$125	A: \$134 T: \$135	A: \$134 T: \$145	T: \$125	T: \$135	T: \$145	T: \$125	T: \$135	T: \$145
April	T: \$125	T: \$135	T: \$145	T: \$125	T: \$135	T: \$145	T: \$125	T: \$135	T: \$145

A= Assessments, T= Tuition

### ASSESSMENTS INCLUDE

COMPETITION FEES	\$620
HAIR ACCESSORIES	\$35
TEAM SHIRT	\$25
MUSIC	\$60
CHOREOGRAPHY	\$275
CAMP	\$50
COACHES FEES	\$120
TEAM ACTIVITY FEE	\$100
<b>TOTAL</b>	<b>\$1,285</b>



### UNIFORMS AND ATTIRE

To maintain a high standard of appearance and professionalism, we kindly ask that all Impact Athletics uniforms be kept in good condition. Should you lose or damage any uniform items, please report it to your coach immediately. Please note that the parent of the athlete will be responsible for the cost of replacement.

For practices, athletes are required to wear 90% black attire to the first practice of the week and IA gear to the second practice of the week. It is important to arrive at practice with shoes on and hair back. Athletes may have consequences when not dressed in appropriate attire for practice.

For competitions, athletes are not permitted to wear piercings and/or jewelry. Please keep this in mind when considering new piercings. Shoe color announcements will be made by commitment day on May 31st.

### INJURIES

If an injury should occur, it is the responsibility of the parent to seek professional help. After seeing a physician, please provide us with an evaluation of the athlete's injury and status. An athlete with a serious injury will not be allowed to return to activity without a release from a medical professional. The athlete will still be required to attend practices even if they cannot participate.

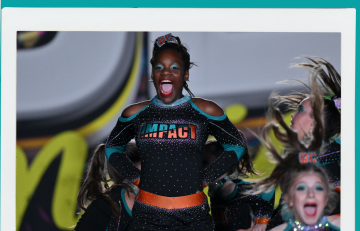
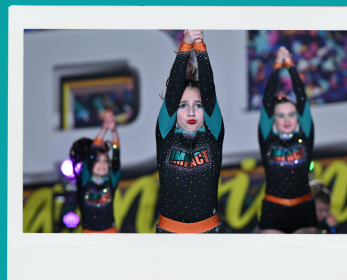
### DISCIPLINE

Athlete behavior outside of the gym is a representation of Impact Athletics and their team; on social media, school, church, etc. All athletes are held to a higher standard. We expect our cheerleaders to be LEADERS, and if we have to question this at any point, the athlete is subject to punishment that could result in removal from the program. Poor athlete behavior/attitude at practice, along with competitions, will result in punishment and possibly removal from the program.

- 1st violation- Meeting with the athlete to define the problem
- 2nd violation- Meeting with the athlete and parent
- 3rd violation- Athlete may be removed from the team or entire program

### SKILL BUILDING

Once each team receives their choreography, the tumbling skills worked during practice will only be those needed for the routine. There is not enough time to fix all aspects of the routines and also focus on advancing in skill levels. If your athlete wants to continue to learn new skills, you may contact the front office to enroll in classes or private lessons.





# PARENT POLICIES

## ▶ GOSSIP & LOBBY POLICIES

We enforce a strict zero drama and gossip policy. Any disruptive contribution to the harmony among gym parents may lead to removal from our program altogether.

The lobby is provided for your convenience to observe your child's practice, but it should remain a positive environment. As parents, your role is to love and support your child, leaving coaching to us. In case of any disruptive behavior by parents in the lobby, they may be asked to leave or face permanent removal. Please adhere to the rules and expectations posted in the viewing areas, as all audio and video are recorded in the parent room. Siblings must not be left unattended or allowed to run around the facility. By registering for our program, you acknowledge and agree to these terms.

## ▶ COMMUNICATION

Entering the practice mat for questions is strictly prohibited. If you have any questions or concerns, kindly schedule a meeting to discuss them. In the case of inquiries or concerns during a competition, please wait 24 hours before contacting your coach to arrange a meeting.

Please sign up for our remind 101 to ensure all parents are getting all reminders and information being sent out.

Text @impactathl to 81010

As a parent, you will receive information in several ways. For all questions, please go to the front desk or email: [info@impactath.com](mailto:info@impactath.com)

## ▶ USE OF LOGO NAME & TEAM GIFTS

Hailey and Angela take immense pride in the Impact Athletics brand, having dedicated significant effort to its establishment. The Impact Athletics name and logo are copyrighted and may not be reproduced or duplicated for apparel, fundraising materials, or sponsorship purposes without explicit authorization from Hailey or Angela.

Unauthorized use of the Impact Athletics name/logo can lead to removal from the program. Requests to use the Impact Athletics logo/name for personal purposes can be submitted via email to [info@impactath.com](mailto:info@impactath.com). If approved, a charge of \$15 per item will apply for personal use. Team gifts also require a request but are exempt from per-use charges. Selling any items with our name or logo is strictly prohibited, and such actions may result in immediate removal from the program.

Team gifts are an enjoyable option that each team can choose to pursue for competitions or for the end of the season. When parents are deliberating on these gifts, we kindly request that they take financial considerations into account. It's important to ensure that no one faces financial strain in their effort to provide a gift for the team. If this becomes a concern, Hailey or Angela will address it appropriately.





## ATTENDANCE

### POLICIES...

All-star cheerleading is a unique sport where each team member has a crucial role to play in the routine. Unlike other sports, there are no benchwarmers or substitutes, making attendance and punctuality critical. If your child is involved in other activities that could interfere with team practice, our recreational teams may be a better option.

Our coaches strive to accommodate the needs of both the individual and the team by adjusting lesson plans with sufficient notice. However, we do have attendance policies in place to ensure that all team members are committed to their role.

For every absence, whether excused or not, the athlete must do 50 toe-touches as makeup. From **August-April**, athletes are allowed a maximum of two unexcused absences. After this, the family's Jack Rabbit account will be charged \$35 for every absence. During competition week, there is a zero-tolerance policy for any absences, whether excused or unexcused. Any missed practice during this week will result in a charge of \$75 to the family's Jack Rabbit account. Excessive absences may result in the athlete's removal from the team.

### EXCUSED ABSENCES

- Contagious sickness
- Doctor's note
- Death in family
- 2 - parent excused absences
- Required Sports Games
- Graded school program

## ABSENCE NOTICE

### ATTENDANCE AND COMMITMENT GUIDELINES FOR ATHLETES AND PARENTS..

In order to maintain the team's practice schedule, we kindly request that absences be submitted at least two weeks prior to the event. Please note that each athlete's presence is essential during all competitions. If you have already made any commitments, kindly put them in writing and submit them with your contract. This will allow us to work around them as much as possible before releasing the schedule. We understand the importance of family time, and our closure dates are listed on the next page for your convenience.

If a coach observes that a practice session won't be effective due to too many absences, they have the option to either cancel or reschedule it for another date and time. Additionally, coaches may decide to incorporate extra mandatory practices to ensure the team is well-prepared for the competition, and there won't be any additional charges for these practices. Please be prepared for extra practices close to competitions.

## VACATIONS

### INCORPORATING VACATION TIME WITH THE GYM SCHEDULE...

We understand the importance of vacations, and have integrated this into our schedule. Please take a look at the Important Dates on the following page to plan your family vacations around the gym schedule as much as possible. We strive to provide you with ample notice of gym closures. Once the competition schedule is released in August, you will receive a list of Black Out Weeks, which means absolutely no missed practices.



# MARK YOUR CALENDAR

## IMPORTANT DATES

### *IMPORTANT DATES*

**FEBRUARY 1 - MARCH 15**

**EARLY REGISTRATION** - FIRST 10 FAMILIES RECEIVE A FREE GIFT

**MARCH 16 - MAY 18**

**ON-TIME REGISTRATION**

**MAY 18 - MAY 19**

**EVALUATIONS**

**MAY 20 OR AFTER**

**LATE REGISTRATION**

**JUNE 1**

**SEASON STARTS** -1ST ASSESSMENT AND TUITION PAYMENT IS DUE

**TBA**

**POSSIBLE CHOREOGRAPHY CAMP** -DATES WILL VARY PER TEAM

### *NO PRACTICE*

**JULY 1 - JULY 7**

**SUMMER BREAK**

**SEPTEMBER 1 - SEPTEMBER 2**

**LABOR DAY**

**OCTOBER 31**

**HALLOWEEN**

**NOVEMBER 27 - DECEMBER 1**

**THANKSGIVING**

**DECEMBER 22 - JANUARY 4**

**WINTER BREAK**

**MISD CALENDAR- TBA**

**SPRING BREAK**

**APRIL 29**

**EASTER SUNDAY**



# SMALL GYM BIG IMPACT

## CORE VALUES



### ➤ GOSSIP FREE ZONE

We do not gossip about others.

### ➤ FAIL FORWARD

Failing is a normal part of life, when we fail we make progress.

### ➤ WE BEFORE ME

The needs of my team are more important than my individual needs.

### ➤ ALL THINGS ARE EQUAL

I will treat everything I do with equal importance.

### ➤ CHARACTER MATTERS

Who I am at all times is important.

### ➤ NO EXCUSES

I will take feedback and listen without excuses, "Yeah but" is not acceptable, I am responsible for me and my behavior.

### ➤ MORE THAN A GYM

We are one big family.



# REGISTRATION IS NOW OPEN



**1** READ THIS PACKET

**2** CLICK ABOVE &  
COMPLETE THE  
REGISTRATION FORM  
ON OUR WEBSITE

**3** ATTEND AN IN  
PERSON MEETING

 (903) 802-7144

 [info@impactath.com](mailto:info@impactath.com)

 [www.impactath.com](http://www.impactath.com)

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GBC, TX 75156